

Bridging the Gaps

an integrative addiction treatment facility

Intensive Outpatient and Partial Hospitalization Programs

Bridging the Gaps (BTG) provides treatment for substance use disorders by integrating traditional forms of psycho-social-spiritual treatment with complementary approaches that promote physiological healing and wellbeing. BTG is committed to addressing the needs of the whole person – mind, body, and spirit.

As part of BTG's commitment to providing quality, cost-effective, and comprehensive services, BTG offers flexible levels of care for individuals whose needs and circumstances may allow them to grow in a less-restrictive, non-residential treatment setting. Intensive Outpatient (IOP) and Partial Hospitalization (PHP) programs allow individuals to receive proven treatment modalities in their own community with minimal disruption to everyday life. These programs also provide rigorous and person-centered addictions treatment at a lower cost than residential models.

IOP and PHP services are delivered in sequential levels, with intensity lessening as the client progresses. As services taper in intensity, the client assumes increasing responsibility and is provided less structure and supervision from treatment staff. This structure is intended to motivate clients, help them succeed in reaching recovery and treatment level milestones, and provide incentive for them to grow and progress.

IOP and PHP programs include a comprehensive, personalized assessment and treatment plan, individual and group therapy, psychoeducation, living skills, and nutritional education.



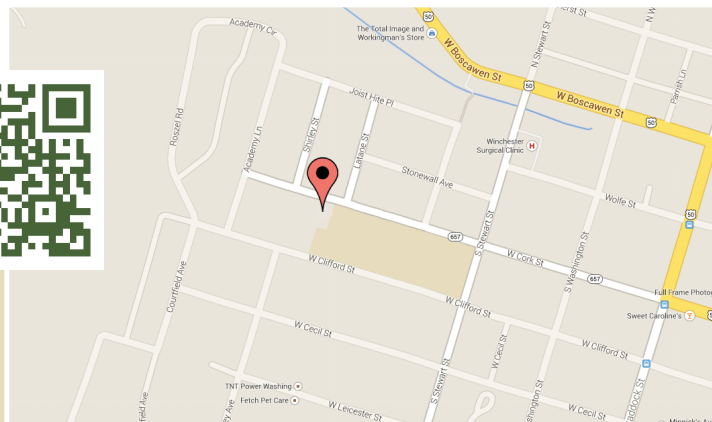
www.bridgingthegaps.com



423 West Cork Street
Winchester, VA 22601-3812

Toll Free: (866) 711-1234
Local & International: (540) 535-1111

Email: admissions@bridgingthegaps.com



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